

# VEGETABLES

Plant a Victory Garden and win the war against the high cost of fresh veggies! Locate your vegetable garden in an area with full sun and fertile, well-drained, moisture retentive soil. An excellent guide is U.S. Department of Agriculture Home & Garden Bulletin #202, which can be viewed at:

[www.hoptechno.com/book26.htm](http://www.hoptechno.com/book26.htm)

## ARTICHOKES

3" Pots

Attractive, ornamental plant. Edible flower buds. Cook and serve with basil & melted butter. Check an Italian cookbook for recipes for stuffed artichokes. Harvest buds before they open. Sun. Feed heavily. Space 3' apart.

-**'Imperial Star'** 85 days. Six to eight, 3-4" heads per plant.

## ASPARAGUS

\$8.95/Dozen

Long lived plants. Delicious spears in spring. Planting the roots correctly will yield large future harvests. Plant roots in a trench 6-8" deep, 8" apart for thin spears, farther apart for thicker spears. Cover with 2" of compost rich soil; you want to provide nourishment for years. Gradually fill in the trench as the plants grow. Harvest very lightly the second year, freely thereafter. Cut the spears with a sharp knife at the ground level. After harvest, allow plants to have mature foliage that can remain until the fall. Cut dead foliage after frost. Ask for our culture sheet.

-**'Jersey Knight'** Large, succulent spears with excellent flavor. Resistant to rust, crown rot, and fusarium.

-**'Jersey Supreme'** Abundant, succulent spears. High yields and great taste. Early harvest. Disease resistant and tolerates most soils.

## BEANS, JUMBO ITALIAN

6 Packs

**NEW** 55 Days. Dark green, extra-long pods with rich, bean flavor. Can be picked when 6-7" long but remain stringless up to 10" Bush-type beans requiring no supports.

## CELERY

6 Packs

Crunchy texture and distinctive flavor makes this a popular addition to salads and many cooked dishes. As plants grow, mound soil up to blanch lower stems.

-'**Conquistador**' 80 days. Early, widely adapted celery that produces full, upright heads packed with crisp, flavorful stalks.

## COLE CROPS

Members of the mustard family. Our mild Maine summers allow us to grow these cool season plants. Plants are typically heavy feeders but have various Nitrogen requirements. Topdress each plant with a handful of wood ashes to discourage root maggots. Collars will prevent cut worms and BT will prevent cabbage worms.

## BROCCOLI

6 Packs

Good for you! Steam, serve with a bit of butter and a sprinkling of lightly toasted pine nuts. Plenty of moisture. Use lime to enrich soil with calcium. Mix varieties for an extended season. A second planting by July 15th will provide a nice fall crop.

-'**Arcadia**' 86 days. Large, blue-green heads on tall, heavy stems. High yielding. Developed for close spacing.

-'**Green Magic**' 57 days. Smooth, well-domed heads. Very uniform in maturity.

-'**Premium Crop**' 58 days. An AAS winner. Large plants with firm heads and small, dark green buds.

## BRUSSELS SPROUTS

6 Packs

Frost improves flavor. As plant grows, remove leaves from bottom up, so that the sprouts have room to mature. Use BT to prevent cabbage virus.

-'**Long Island Improved**' 110 days. A mild flavor, very tender, and tasty. Numerous small heads form on every stalk.

# COLE CROPS CONTINUED

## CABBAGE

6 Packs

Try homemade sauerkraut this year. Tasty slaws too! Plant 15-18" apart.

-'**Stonehead**' 50 days. Heads are round, about 6" in diameter with short cores. Solid and slow to bolt.

## CAULIFLOWER

6 Packs

Keep well-watered and well-fed, especially while the heads are forming.

-'**Amazing**' 68 days. Medium-sized plants with domed, solid curds and self-blanching, upright wrapper leaves.

-'**Fremont**' 62 days. Dependable plants are adaptable to different soils and weather conditions. Large, self-blanching plants.

## KALE

6 Packs

The beautiful ruffled leaves of the kale plant have a lively flavor along with unique peppery qualities. Excellent source of Vitamin A.

-'**Winterbor**' 60 days. Fresh market growers endorse this extra-productive kale. Well-curved, blue-green, ruffly leaves. Regrows vigorously for successive harvests. High yield

## CUCUMBERS

4 Packs

Cucumbers are grown to be eaten fresh, cooked, or pickled. Moderately acid soil, plenty of moisture and fertilizer.

-**Slicing Varieties** Add a refreshing taste to your summer salads.

-'**Diva**' 58 days. Smooth, thin skin with tender, crisp, and seedless flesh. About the size of a pickle.

-'**Fanfare**' 62 days. 8-9" fruit. High yields over a long time. Semi-dwarf, compact habit.

-'**Genuine**' 48 days. Earliest slicer. Smooth, dark green, 8" fruits.

-'**Marketmore**' 66 days. Very dark green skin. Slightly tapered fruit averages 8" in length.

-**'Straight Eight'** 58 days. Excellent flavor. Pick when 8" long for best flavor.

-**Pickling Varieties** Great for canning

-**'Homemade Pickles'** 55 days. Medium green fruit can be harvested when 1.5 to 5" long. Very productive.

-**'Northern Pickling'** 48 days. Developed in Maine. Medium green fruits bear early and set heavily on short, space saving vines.

## EGGPLANT

4 Packs

Attention cooks, don't soak in oil, just brush with olive oil, sprinkle with your favorite herbs, and broil. Or go for it - marinate with garlic and basil, dip in batter, and deep fry. Plants are heavy feeders; add compost and composted cow manure to soil. Watch for potato beetles, but don't use any poisons or the pollination of fruit may really suffer.

-**'Black Beauty'** 80 days. Heirloom variety. Dark purple, broad egg-shaped fruits.

-**'Orient Express'** 58 days. Attractive, slender, 8-10", glossy black fruits in the long Oriental style. Ready up to 2 weeks before most other varieties.

## FENNEL

2.5" Pots and 4 Packs

Feathery foliage holds rain drops as sparkling pearls. Yellow flowers in clusters.

-**'Bronze'** For flavor and decoration. Bronze-red, lacy foliage. **2.5" Pots**

-**'Sweet Florence'** Bulb has a delicate anise flavor and crisp texture. Wonderful sliced into salads, slightly sauteed, or grilled. **4 Packs**

## LEEKS

6 Packs

Adds a delicious, refined flavor to soups. Excellent for Vichyssoise, topped with fresh chives. Rich soil. Separate multiple plants in the cells and plant in trenches, 6" deep and about 6" apart. As the plants grow, fill in the trenches to blanch the stems. Can also be hilled up in rows.

-**'King Richard'** 79 days. Beautiful, full-sized, foot long leeks. Upright, medium green leaves.

-**'Tadorna'** 100 days. Long, 7-8" blue-green shaft is easy to clean and frost tolerant.

# LETTUCE

## 6 Packs

Fresh greens for salads all summer long. Stagger plantings to keep your supply going all summer.

**-Butterhead Varieties** Buttery, Boston types.

-**'Buttercrunch'** 75 days. Compact, crisp, heavy heads. Old favorite!

-**'Red Cross'** 48 days. Large, fancy, bright red heads.

-**'Sylvesta'** 52 days. Large heads with thick, flavorful, bright green leaves.

This lettuce is amazingly good.

**-Leaf Types** Add a bit of color to those salads.

-**'Endore Mix'** 28 days. A stunning mix of different colors, shapes, and textures.

-**'Magenta'** 48 days. Shiny, slightly puckered, red tinged leaves form whorled, conical heads.

-**'Mesclun Mix'** 21 days. Specialty mix of different greens and lettuce.

-**'Mesculn Mix Spicy'** 21 days. A custom mix of red and green leaves that includes spicy items such as Arugula, 'Red Giant' mustard, and 'Bianca Riccia' endive with a base of mild red lettuces.

-**'Red Sails'** 45 days. Bronze-red crinkled leaves. Slowest to bolt of all the red loose leaved varieties.

-**'Red Saladbowl'** 51 days. Burgundy-red, deeply lobed, delicate, oak-like leaves. Retains its mild flavor for a long time and is slow to bolt.

-**'Simpson Elite'** 41 days. Lime green leaves. Extra slow bolting.

-**'Slobolt'** 48 days. Crisp and mild flavored with light green leaves. Stays kitchen-ready during the long summer heat.

**-Romaine Types** Make the perfect, crisp Caesar salad.

-**'Jericho'** 57 days. Tall, heavy, light green heads.

-**'Outredgeous'** 57 days. Bright red leaves with ruffled edges. Full-sized heads are big and beautiful.

## MELONS

4 Packs

What could be better than picking a fresh melon for your breakfast? Plant when the soil has warmed. They need plenty of space and an abundance of moisture and nutrients.

- 'Lilly'** (Crenshaw) 78 days. Pale yellow skin and creamy, juicy, orange flesh with a distinctive sweet and spicy flavor. Good for short growing seasons.
- 'Diplomat'** (Galia) 71 days. 5-6 lb fruits on vigorous vines. Similar to cantaloupe but larger with deep green, aromatic, sweet flesh.

## ONIONS

6 Packs

Multiple plants per cell, 30-50 plants per pack. Seedlings should be separated and planted 4" apart. Keep well watered and weeded. Supply extra nitrogen.

- 'Ailsa Craig Exhibition'** 110 days. Huge, mild Spanish onions average 5 pounds for September harvest. Unique sweet flavor. Short term storage.
- 'Cipollini Gold Coin'** 80 days. Pungent and sweet flavored. Can reach up to 3" wide and 1" tall. Good for braiding.
- 'Copra'** 104 days. Highest sugar content of all the storage onions. Hard, medium sized bulbs with blocky, round shape. Excellent keeper.
- 'New York Early'** 98 days. Large, blocky, firm, yellow onions are suitable for medium storage.
- 'Ruby Ring'** 112 days. Uniform, hard bulbs with dark red skins.

## PEPPERS

4 Packs

Provide lots of sun and rich moist soil. Do not add too much nitrogen. Use a fertilizer high in phosphorous.

### -Sweet and Bell Varieties

- 'Carmen'** 60 days green, 80 days red. Sweet flavor is excellent for salads or roasting. 6" tapered fruits on upright, medium plants.
- 'Jupiter'** 66 days. Bell type. Huge, blocky fruit. **Excellent!**
- 'North Star'** 65 days. Bell type. 3-4 lobed, sweet tasting peppers. Ripens early from green to red.
- 'Sweet Banana'** 68 days. 6" long, yellow fruits mature to red. Great for pickling.

## PEPPERS Continued

**-Hot Varieties** The higher the Scoville rating the hotter the pepper! The Scoville Index measures the hotness of peppers by the amount of capsaicin they contain.

**-'Cayenne Large Red'** 73-76 days Long, thick fruits reaching 7". Thin flesh is used for pickling or drying. 3500-5000 Scovilles.

**-'Early Jalapeno'** 60 days green, 80 days red, ripe. 2.5" sausage shaped fruits. 2500-8000 Scovilles.

**NEW-'Tiburón'** 65 days green, 85 days red, ripe. Poblano-type peppers with sweet, thick flesh. Large plants hold loads of heavy fruit well off the ground. 2000 Scovilles.

## PUMPKINS & GOURDS

4 Packs

A Halloween necessity. Give them plenty of space and keep well-watered. They prefer fertile soil - add composted cow manure.

### **-Gourds**

**-'Surrey Gardens Gourd Mix'** 95 days. A diverse mix of gourds consisting mostly of warted pears, dumplings, nest eggs, patty pans, and cheeses in a wide range of colors.

### **-Pumpkins**

**-'Autumn Gold'** 90 days. 7-10 fruits per plant. Each plant spreads from 12' to 20'.

**-'Orange Smoothie'** 95 days. Bright orange, smooth, nonribbed fruits averaging from 6-9 pounds. Good for painting.

**-'Racer'** 85 days. Ribbed, dark orange, mid-sized pumpkins with great looking dark green handles. 12-16 pounds.

**-'Tom Fox'** Well-ribbed, medium pumpkins between 12-20 pounds. Deep orange color and fantastic handles make them great for Halloween.

**-'Winter Luxury'** 105 days. Good as an ornamental and for eating. Small, pie-type, 5-7 pound pumpkins have a unique netted skin.

# SHALLOTS

6 Packs

Used for flavoring soups, salad dressings, vegetables, and grain dishes. Multiple plants per cell. Separate and plant seedlings 4-6" apart.

- 'Picador'** 105 days. Reddish-brown skin and white flesh. Large, single bulbs are great for long-term storage.
- 'Saffron'** 100 days. Bright copper skin with pale yellow interior. Suitable for long-term storage.

# SQUASH

4 Packs

Christopher Columbus brought squash back to England from the New World. Modern day squash has been consumed for over 10,000 years.

- Summer Squash** Eaten as soon as picked, either raw or cooked.
  - 'Anton'** 47 days. Plants bear early and are heavy-yielding. Dark green fruits.
  - 'Aristocrat'** 53 days. Zucchini-type. Smooth, dark green, 7-8" cylindrical fruit. Compact, bushy plants.
  - NEW-'Costata Romanesco'** 52 days. Prominently ribbed, Italian zucchini with gray-green skin. Delicious and nutty with good texture.
  - 'Sunray'** 52 days. Yellow, mostly straightneck fruits. Good resistance to powdery mildew.
  - 'Zucchini Dark Green'** 45-65 days. Heavy yields of dark green, straight, smooth fruits. Pale greenish white, firm flesh.
  - 'Yellow Crookneck'** 58 days. Great buttery flavor and firm texture. Best picked when small, 4-5" long.
- Winter Squash** Usually baked. Try with maple syrup & butter. Stores well.
  - 'Blue Ballet'** 90 days. Smooth skinned, blue-gray fruits average 4-6 lbs. Bright orange, fiberless flesh.
  - 'Early Butternut'** 82 days. Short, heavy yielding vines 10-12" fruits.
  - 'Kabocha Sunshine'** 95 days. Smooth, tender, bright orange flesh. Great for baking, mashing, and pies. 3-5 lb, flat-rounded fruits.
  - 'Table Ace'** 70 days. Acorn type. Semi-bush plants with dark green, 4-6" fruits. Flesh is smooth and full flavored.

# SWISS CHARD

6 Packs

Swiss Chard is an excellent source of Vitamins A, C, and K.

-**'Bright Lights'** 28 days baby, 55 days mature. Multi-colored stems of gold, pink, orange, purple, red, and white. Eat raw or lightly cooked. Milder taste than many chards.

# TOMATOES

4 Packs (unless noted)

*Lycopersicon esculentum*. A staple of vegetable gardens. Tomatoes are low in calories and good sources of Vitamin C and lycopene, a beneficial caratinoid.

**Determinate** - Plants stop growing at a certain height, usually 2'. The crop will ripen over a short period of time, good if you're processing for storage. Good for containers and small gardens

**Indeterminate** - Plants continue to grow until frost or the vines are pruned. The crop will ripen over a long period. Stakes or supports are needed.

**Disease Resitance Codes:**

F - Fusarium Wilt

N - Nematodes

St - Stemphylium Gray Leaf Spot

A - Alternaria Stem Canker

Ff - Fusarium Races 1&2

T - Tobacco Mosaic Virus

V - Verticillium Wilt

-**Large Varieties** - Good for slicing, salads, and canning

-**'Better Boy'** 75 days. Indeterminate. VFNASt. Deep red fruit with a meaty interior. 8 - 14 oz. **4 Packs & 4.5" Pots**

-**'Big Beef'** 70 days. Indeterminate. VFfNTASt. Beefsteak type. Huge (14 oz) fruits on large plants. Excellent flavor! **4 Packs & 4.5" Pots**

-**'Brandywine Red'** 78 days. Indeterminate. Amish heirloom tomatoes. Possibly the best tasting tomato. Large, some over 1 pound, deep pink skinned and red fleshed fruits.

-**'Burpee Big Boy'** 78 days. Indeterminate. Large, crack-free tomatoes have bright red, firm, meaty fruits. Superb flavor.

-**'Caspian Pink'** 80 days. Indeterminate. Fruits are large, less rounded than most, pink in color and have a great flavor. Fruits average 10 oz.

- 'Bush Early Girl'** 57 days. Determinate. VF. Vigorous plants produce 4 to 6 ounce globe-shaped fruits all summer. Rich red, smooth skinned, and delicious. **4 Packs & 4.5" Pots**
- 'Early Girl II'** 52 days. Indeterminate. Very early, 4-6 oz fruits are produced throughout the summer. **4 Packs & 4.5" Pots**
- NEW-'Parks Whopper Improved'** Indeterminate. VFfNT Large, tasty fruits are crack-resistant. **4 Packs & 4.5" Pots**
- 'Patio'** 70 days. AFSt. Sturdy, dwarf, upright plants with medium sized fruit. Good color and smooth, firm fruit. Determinate but should be staked.
- 'Pink Beauty'** 74 days. Indeterminate. Perfect, pink, medium sized fruits have full, rich tomato flavor.
- Paste Varieties** - Good for sauces.
  - NEW-'San Marzano'** 78 days. Indeterminate. FFV. Heavy-yielding, tall vines produce delicious, meaty fruits that are great for sauces.
  - 'Viva Italia'** 76 days. Determinate. VFfNA. Blocky pear-shaped tomatoes on compact plants.
- Cherry And Grape Varieties** - Good for snacking or in salads.
  - NEW-'Cupid Hybrid'** 65 days. Indeterminate. AFSt 1", very sweet fruits are crack-resistant. Very heavy yields from vigorous plants. **3" Pots**
  - 'Juliette'** 60 days. Indeterminate. This is a grape tomato. Sweet, deep red, shiny fruits that are 1.5 to 2 ounces in size. Crack resistant.
  - 'Red Robin'** 55 days. Determinate. Mild, sweet, 1" fruits on dwarf plants. Great for containers.
  - NEW-'Sapho'** 64 days. Indeterminate. FNTV One of the best salad tomatoes. Deep red fruits with an amazing flavor. **3" Pots**
  - 'Sunsugar'** 62 days. Indeterminate. FT. Sweet, golden, cherry tomatoes. Crack resistant fruits on vigorous plants.
  - 'Sungold'** 57 days. Indeterminate. Deep sweetness with a hint of acid tartness. Small fruits in prolific clusters ripen early to a rich apricot color and produce until frost. EXCELLENT! **4 Packs and 4.5" Pots.**
  - 'Supersweet 100'** 65 days. Indeterminate. FTV. Clusters of very sweet, early season, round fruit.