VEGETABLES

Plant a Victory Garden and win the war against the high cost of fresh veggies! Locate your vegetable garden in an area with full sun and fertile, well-drained, moisture retentive soil. An excellent guide for beginning is the Maine Organic Farmers and Gardeners Association's (MOFGA) Technical Bulletin 1: Basics of Organic Vegetable Gardening, which can be viewed and printed at:

www.mofga.org/Publications/FactSheets/tabid/133/Default.aspx

**Any featured All America Selections Winners will be abbreviated as follows: AAS Winner

ARTICHOKE

4 Packs

Attractive, ornamental plant with edible flower buds. Cook and serve with basil and melted butter. Check an Italian cookbook for recipes of stuffed artichokes. Harvest buds before they open. Plant in full sun spaced 3' apart. Fertilize heavily and your patience will be rewarded!

-**'Imperial Star'** 85 days. Six to eight, 3-4" flower buds per plant.

ARUGULA

6 Packs

Eruca vesicaria sativa. Both leaves and flowers can be used to add a peppery bite to sandwiches and salads. For a continuous supply, successive plantings are recommended. Standard salad Arugula can be harvested at 21 days for baby greens and at 40 days for full size, harvest whole plants or individual leaves. Flowers are white with dark pink veins. Plant in fertile, well-drained soil, keeping the soil moist will help slow bolting. Arugula prefers cool conditions and may even over-winter if given enough protection. Use row covers to avoid troubles with flea beetles.

ASPARAGUS
10 Roots/Bundle

Long lived perennials. Correctly planting the roots will yield large future harvests. Set roots (fanned out) in a trench 6-8" deep, 8" apart for thin spears, farther apart for thicker spears. Cover with a 2" layer of compost rich soil to provide nourishment for years. Gradually fill in the trench as the plants grow. Harvest very lightly the second year, freely thereafter. In spring, cut the spears with a sharp knife at the ground level. After harvest, allow plants to have mature foliage thru the fall. Cut dead foliage after frost. Ask for our culture sheet with a diagram and more detailed information.

-**'Millenium'** High performing variety. Quality, tender spears with good flavor.

-**'Purple Passion'** Unique and attractive purple color with milder flavor and a tenderness that is lacking in other varieties. Space plants 6-8" apart.

BEAN 6 Packs

One of the easiest vegetables to grow at home, large yields with minimal effort make them great for beginners! They prefer well-drained soil, take care not to over-fertilize or disturb the shallow roots. Space bush beans generously to promote good air circulation. Pole beans will need support to climb. Harvest frequently to promote new pod growth and plant fresh seeds every 2-3 weeks for beans all season long.

-**Romano Types** Characterized by their wide, flat meaty pods.

-**'Musica'** 67 days. Pole type. This plant produces masses of huge beans over a long period. Delicious, bright green, 7-8" long pods remain very tender even at their largest size. 6'H

-**'Roma II'** 58 days. Bush type. Medium green, flat pods are ~6" long with a robust flavor. Stringless pods. Sturdy, high-yielding plants.Unbeatable for freezing or canning.

BEET

6 Packs

Another crop that we just CANNOT do without. Tasty greens and pickled roots make this a necessary component for the vegetable garden. With the ability to produce plentiful crops in containers, in ground early on, hydroponically in water, or under high tunnels in fall; these gorgeous workhorses are the epitome of versatility in the garden and the kitchen. Light, loamy soil with a high pH is best. Keep plants well watered during dry spells to prevent scab. Thin plants after planting by eating young greens as they grow or by snipping extras leaving at least 3" in between.

-**'Avalanche'** 55 days. AAS Winner. Round roots are a beautiful snow white that won't stain your hands or your cutting board! Mild and sweet in flavor without that slightly bitter aftertaste beets can have. Harvest when 2¾-3".

-**'Detroit Dark Red'** 65 days. Popular all-purpose red beet, with uniform and smooth, blood red roots that are sweet and tasty. Perfect for early greens or canning.

CELERY

6 Packs

Crunchy texture and distinctive flavor makes this a popular addition to salads and many cooked dishes. Give these plants fertile soil and consistent moisture for best yield. As celery plants grow, mound soil up to blanch lower stems, if desired. Celery can be harvested when stalks are at an edible size.

-**'Tango'** 80 days. Similar to Conquistador but the flavor is better and the stalks are more tender. Performs well under less than ideal growing conditions, will tolerate heat and moisture stress. Space 6-8" apart.

COLE CROPS

Broccoli • Brussels Sprouts
Cabbage • Cauliflower • Kale • Kohlrabi
6 Packs

Members of the mustard family. Our mild Maine summers allow us to grow these cool season plants. Plants are typically heavy feeders but have various nitrogen requirements. Top-dress each seedling at planting time with a handful of wood ashes to discourage root maggots. Collars will prevent cut worms and BT will prevent cabbage worms.

Broccoli- Contains more calcium than milk! Use lime to enrich the soil with calcium and give plenty of moisture. Mix varieties for an extended season. A second planting by July 15th will provide a nice fall crop. Space with 8" in between plants in rows 18" apart.

- **'Arcadia'** 86 days. Large, blue-green heads on tall, heavy stems. High yielding. Developed for close spacing. A staff favorite!
- **'Aspabroc'** 50-60 days. Aka Broccolini. Tiny broccoli heads precede multiple side shoots, which are produced for a month longer! The shoots resemble broccoli raab with an asparagus-like stem. Tender & tasty. Can be planted tightly.
- **'Belstar'** 66-75 days. Blue-green 6" heads are densely packed with florets. Flower heads are held up higher for easier harvesting. This variety is ideal for both spring and warm-weather planting. Excellent field holding capacity.
- **'Green Magic'** 57 days. Smooth, well-domed heads. Very uniform at maturity.
- **'Premier'** 58 days. An AAS winner. Large plants with firm heads and small, dark green buds.

Brussels Sprouts- These delectable beauties can be finicky to grow. Some tips that are important: Start by selecting a good, strong fertilizer that contains the micronutrients boron and magnesium. Give plenty of moisture at planting and while plants are establishing a root system. When weeding avoid cultivating too deeply, this would disturb the roots. When the sprouts towards the bottom are ½-¾" in diameter pinch out the plant's growing tip to force the remaining sprouts to develop evenly, about 4 weeks. Space 18-24" apart.

- **'Jade Cross'** 85 days. AAS winner. This outstanding selection has medium, firm dark green sprouts with excellent flavor. Early and very productive, tolerates heat stress.

Cabbage- Try homemade sauerkraut this year. Tasty slaws too! Plant 15-18" apart. Install floating row covers at planting to protect against flea beetles.

- **'Famosa'** 81 days. Savoy type. Deep blue-green heads with a yellow tinted interior. Tender leaves surround 2-4 lb. heads that have very good flavor. Best for using in cooked dishes.
- **'Ruby Perfection'** 85 days. Very popular for storing, will keep several months. Measuring 8" across these perfect, globe-shaped beauties are dense with a deep, purple-red color. Weighing 3-4 lbs.
- **'Stonehead'** 50 days. Heads are round, about 6" in diameter with short cores. Solid and slow to bolt.

Cauliflower- Keep well-watered and well-fed, especially while the heads are forming. For best results plant early! Space plants every 18".

- **'Amazing'** 68 days. Medium-sized plants with domed, solid curds and self-blanching, upright wrapper leaves.
- **'Skywalker'** 80 days. Medium-sized heads are self-wrapping so leaves do not need to be tied together. Very good cold tolerance for late summer and fall harvesting.

Kale- The beautiful ruffled leaves of the kale plant have a lively flavor along with unique peppery qualities. Excellent source of Vitamin A. Space plants 8" apart or closer for baby leaf production.

- **'Starbor'** 55 days. Compact plants with very uniform leaves that resist yellowing. The finely curled, dark blue-green leaves are perfect for harvesting all at once. 12-18"H
- **'Winterbor'** 60 days. Fresh market growers endorse this extra-productive kale. Well-curled, blue-green, ruffly leaves. Re-grows vigorously for successive harvests. High yields.

Kohlrabi- Maybe not the most beautiful vegetable at first glance but WELL worth the garden space, try it once and you'll be hooked! The root-like bulb as well as leaves of this plant can be eaten. Versatile fruits can be prepared by sautéing, roasting, enjoying raw or as a wonderful low-carb substitute for noodles (when spiralized). Kohlrabi has a crunchy yet juicy texture and a mildly sweet, unassertive taste. Wonderful when steamed in the microwave and sprinkled with butter, shaved parmesan, salt, and pepper-the flavor is similar to cauliflower. VERY tasty!

-**'Terek'** 40 days. Early, uniform and great tasting. Maintains quality in the field for a long harvest window. Compact plant allows for higher density planting. Superior flavor and crunch. High quality up to 6" in diameter.

CORN

6 Packs

Plant corn in blocks of at least 4 rows for proper pollination, rows should be 30-36" apart and plants spaced with 9" in between. Successive planting may be necessary. Corn requires warm, well drained soil that is highly fertile; use a fertilizer with high phosphorous. Use Bt for corn ear worms. Harvest when punctured kernels are full and "milky", when silks are browning, or 18-24 days after silks first show.

-**'American Dream'** 77 days. AAS Winner. Super sweet, bicolor. Exceptionally tender with the finest eating quality. Excellent tip fill and strong husk protection.

-**'Kickoff XR'** 69 days. Early, super sweet. Thick, bicolored ears are extra large with slightly tapered tips. Tender and sweet ears set high up on the stems.

-'**Montauk'** 81 days. Bicolor. Delicious jumbo ears with small, fancy kernels. Long reknown for its looks, flavor and reliability. Easy to harvest, widely adapted. Good cool soil vigor.

-'**Sugar Buns'** 70 days. Longest harvest period of all early corn varieties. Remains tender for up to 2 weeks in the field. The ears have relatively narrow, deep kernels.

CUCUMBER

4 Packs

Cucumbers are grown to be eaten fresh, cooked, or pickled. Moderately acid soil, plenty of moisture and fertilizer. To prevent powdery mildew apply a spray with the active ingredient copper octanoate (approved for organic gardening) regularly. Install row covers at planting and leave in place until well established to prevent the insidious striped cucumber beetles. Plant 1' apart with 6' in between rows, unless using a trellis.

-**Slicing Varieties** Add a refreshing taste to your summer salads.

- -**'Diva'** 58 days. AAS winner. Smooth, thin skin with crisp yet tender, sweet **seedless** flesh; spineless. Very tasty! 6-8" fruits at almost every node. Highly recommended. Vines can grow to 6' long.
- -**'Fanfare'** 62 days. High yields over a long time, superb disease resistance. Semi-dwarf, compact habit is excellent for containers. Vines grow 2-2½'. AAS winner. Slim, deep green 8-9" fruits are remarkably flavorful.
- -**'Patio Snacker'** 60 days. Short, 3' long vines are excellent for small space gardens and containers. Dark green, 8" fruits have good flavor, crunchy texture, and are non-bitter.
- -**'Saladmore Bush'** 57 days. AAS winner. Very compact and productive plants are a great choice for small space or container gardening. Dark green fruits are 6-7" long. Disease tolerant.
- -**'Straight Eight'** 58 days. AAS winner. Excellent flavor is best when harvested at 8" long. Smooth, perfectly straight, dark green fruits have a very small seed cavity and white spines. Vigorous with heavy yields.
- -**'Sweet Slice'** 62 days. Bitter free and burpless! Vigorous vines produce 10-12" dark green, amazingly sweet fruits. No need to peel skins off before eating.

-**Pickling** Great smaller type for canning.

- -**'Homemade Pickles'** 55 days. Medium green fruit can be harvested when 1½ to 5" long. Very productive. Crisp texture & wonderful flavor. Plants grow to 3' long and have excellent disease resistance.

EGGPLANT

4 Packs

Attention cooks, don't soak in oil, just brush with olive oil, sprinkle with your favorite herbs, and broil. Or go for it - marinate with garlic and basil, dip in batter, and deep fry. Plants are heavy feeders, add compost and composted cow manure to soil. Watch for potato beetles, but don't use any harsh sprays or the pollination of fruit may really suffer.

- **'Classic'** 76 days. Early, glossy-black, 8-9" elongated oval fruit. Upright, vigorous plant for containers of garden. 24-30HxW
- **'Hansel'** 55 days. AAS Winner. Sweet, mini fruits are 4" long by 1" in diameter and produced in clusters for easy harvesting. 25-36"H
- **NEW-'Midnight'** 55 days. A high-yielding, early-maturing hybrid that produces 4-6 inch, deep purple, glossy fruit with creamy white, nearly seedless, non-bitter flesh on a compact plant. 36"H
- **'Orient Express'** 58 days. Attractive, slender, 8-10" long shiny black asian-style fruits. Ready up to 2 weeks before most other varieties. 31-40"H

FENNEL

4 Packs

Feathery foliage holds rain drops as sparkling pearls. All parts (including young shoots) of this plant are edible. Wonderful sliced into salads, lightly sauteed, or grilled. Cooking will mellow the anise flavor. Fertile, well-drained soil and cool temperatures will produce the best bulbs. Plant 6" apart in well-drained, humus rich soil. Transplant with care as roots do not like to be disturbed.

- **'Preludio'** 80 days. Heavy, rounded bulbs are uniform w/traditional flavor.
- **'Sweet Florence'** 80 days. Heirloom. Delicate flavor and crisp texture.

LETTUCE
6 Packs

Fresh greens for salads all summer long, stagger your plantings to keep a steady supply handy. Grows best during cool weather. Plant 10-12" apart for heading types, leaf varieties and ones that will be harvested as baby can be planted 6-8" apart.

-**Butterhead Types** Buttery, Boston types.

-**'Buttercrunch'** 75 days. Compact, crisp, heavy heads. Old favorite!

-**'Nancy'** 58 days. Thick, medium-green leaves form tight, extra-lrg. heads that are unusually crisp for a Boston type. Delectable taste and texture.

-**Iceburg Type** Extra cruncy with a mild flavor.

-**'Crispino'** 57 days. Tight, dense heads of perfect Iceburg lettuce, excellent results are almost certain with this variety. Sweet, crisp, and moist green outer leaves surround a white interior.

-**Leaf Types** Add a bit of color to those salads.

-**'Magenta'** 48 days. Shiny, slightly puckered, red tinged leaves mature to whorled, conical heads. Crispy with good flavor. Heat tolerant, non-bitter!

-**'Mesclun Mix'** 21 days. Specialty mix of different greens and lettuces.

-**'Red Sails'** 45 days. Bronze-red crinkled leaves. Slowest to bolt of all the red loose leaved varieties.

-**'Red Saladbowl'** 51 days. Burgundy-red, deeply lobed, delicate, oak-like leaves. Retains its mild flavor for a long time and is slow to bolt.

-**'Starfighter'** 52 days. Shiny, green, slightly savoyed leaves that have good flavor with excellent heat tolerance and disease resistance.

-**'Wildfire Mix'** 28 days. A blend selected specifically for varieties that would provide the greatest color contrast, with a higher percentage of red types. Contains oakleaf, romaine, and leaf types.

-**Romaine Types** Make the perfect, crisp Caesar salad.

-**'Sparx'** 58 days. Upright, dense heads are attractive with good flavor and uniformity. Increased heat tolerance for use throughout the season.

-**'Sucrine'** 60 days. Back by popular demand! Dense, bright green, petite heads of lettuce are super sweet as their name suggests & delightfully crisp.

-**'Outredgeous'** 57 days. Bright red leaves with ruffled edges. Full-sized heads are big and beautiful.

MELON/WATERMELON

3" Pots (Unless Noted)

What could be better than picking a fresh melon for breakfast? Plant when soil has warmed. Provide abundant moisture during the early stages until the fruits are setting, afterwards water as signs of wilting occur. Give plenty of space with 2-3' in between plants, rows 6' apart. Transplant gently, to disturb roots as little as possible.

- **'Crimson Sweet'** (Watermelon) 85 days. Large, round melons are light-green with dark-green stripes, and golden-yellow rinds. Heirloom's flesh is dark-red, firm, and fine-textured. **6 Packs**

NEW-**'Halona'** (Cantaloupe) 72-75 days. Early-maturing F1 hybrid known for its sweet, thick, bright orange flesh and high disease resistance. It produces 4–5 lb, globe-shaped, heavily netted, and ribbed fruits. It is highly productive, even in cooler, shorter growing seasons. Resistant to powdery mildew and fusarium wilt.

- **'Solstice'** (Cantaloupe) 76 days. LARGE 7-9 lb. fruits have the look of an old style musk melon with deep ribs and heavy netting. Slice at the ribs for generous portions of thick, very sweet flesh! Plants yield greatly and have superior disease resistance.

NEW-'Sweetie Pie' (Watermelon) 75 days. Crispy variety known for its exceptional sweetness and juicy texture. They have a thin, dark green rind and a vibrant red interior. 13 lb. fruits. **6 Packs**

ONION, LEEK & SHALLOT 6 Packs

Indispensible Alliums! We've sown multiple plants per cell, 30-50 plants per pack. Take care to separate seedlings gently and plant individually as specified to get the most for your garden. All prefer thoroughly prepared soil that is well-drained and rich in organic matter. Keep watered and weeded for best results

Leek-Adds a delicious, refined flavor to soups. Excellent for Vichyssoise, topped with fresh chives. Plant seedlings in trenches, 6" deep and about 6" apart. As the plants grow, fill in the trenches to blanch the stems. Can also be hilled up in rows.

- **'King Richard'** 79 days. Beautiful, full-sized, foot long leeks. Upright, medium green leaves. For summer harvesting.
- **'Tadorna'** 100 days. Long, 7-8" blue-green shaft is easy to clean and frost tolerant. For early-late fall harvesting.

Onion-Thin slices cooked really low and slow with a little butter and salt are caramalized, mouth-watering perfection! They're enough to make one want a whole garden-ful. Plant seedlings 4" apart. Supply extra nitrogen. Onions that are spicy may be a result of soil that is too acidic.

-**'Ailsa Craig Exhibition'** 110 days. Huge, mild Spanish onions average 5 pounds for September harvest. Unique sweet flavor. Short term storage.

-**'Copra'** 104 days. Highest sugar content of all the storage onions. Hard, medium sized bulbs with blocky, round shape. Excellent keeper.

-**'Frontier'** 100 days. Medium-large, blocky globes with thin necks and copper skin. A very consistant performer for long storage.

-**'Patterson'** 104 days. Extremely long storage onion.The same firmness and storage qualities as Copra, with a larger size, better uniformity and higher yield potential. Medium-large, blocky bulbs with dark yellow skin.

-**'Ruby Ring'** 112 days. Uniform, hard bulbs with dark red skins.

-**'Talon'** 104 days. Medium-large, blocky globes with thick, clean skins for long storage. Upright plants produce a high percentage of bulbs.

Scallion-Also known as green onions or spring onions, scallions are a type of onion harvested before they form a bulb, or bred to not form a bulb. They have a mild onion flavor and are used in both raw and cooked dishes.

-**'Ishikura Improved'** 66 days. Early, long white stalks grows up to two feet tall and one inch across while remaining tender and scallion-like, never forming a bulb. A perfect heat and cold tolerant green onion.

-**'Tokyo Long'** 75 days. Upright single stalk bunching onion. A Japanese heirloom variety popular for its long, slender white stalks and mild flavor.

Shallot-Used for flavoring soups, salad dressings, vegetables, and grain dishes. Plant seedlings 4-6" apart, bulbs are ready to harvest when the leaves have turned yellow and fallen over.

-**'Conservor'** 110 days. Easy to peel. Large, single bulbs have a reddish-brown skin and cream interior. Suitable for long-term storage.

-**'Creme Brulee' BGS-270** 105 days. Hybrid 'eschalion' is a standout. Iridescent peachy pink skin covers uniform bulbs. Elongated, cylindrical with high sugar content well suited to caramelizing. Long storage potential.

PEPPER 4 Packs (Unless Noted)

Provide lots of sun and rich moist soil. Do not add too much nitrogen. Use a fertilizer high in phosphorous and calcium. Space plants 12-18" apart. When planting both sweet and hot varieties it is best to isolate them from each other to avoid any cross pollination, which could result in Sweet peppers with heat.

-Sweet Varieties (Bell and Non-Bell are denoted)

-'Big Red' 75 days. Bell type. Attractive fruits mature to a deep, dark red and have thick-walled, very sweet flesh. Sturdy plants grow to about 24" tall.

-'Carmen' 60 days green, 80 days red. Non-Bell. This AAS winning "Bull Horn" type is particularly suited for northern climates. Remarkably sweet flavor is excellent for salads. 6" tapered fruits on upright, med. plants.

-'Flavorburst' 67 days green, 87 days yellow. Bell type. Excellent, sweet flavor. Medium large fruits are mostly 3-lobed and slightly elongated.

NEW-'Giant Marconi' 72-80 days. Italian hybrid sweet pepper known for massive 6-8 inch, tapered, smoky-sweet fruit.

-'Goliath' 71 days. Sweet Bell type. Sensational, massive, thick-walled fruits are 4 lobed, 7½" long by 4" wide! Fruits set well under a variety of adverse conditions. Terrific flavor and more vitamin C than oranges! **3" Pots**

-'Jupiter' 66 days. Bell type. Huge, blocky fruits with thick green walls. Great for stuffing & freezing. High-yielding, disease resistant plants are a sturdy 30" with a dense canopy. **Excellent!**

-'King Arthur' 61 days. Bell type. Bred for early yields. Unmatched for its large fruit size and early maturity. Sweet, crunchy, 4-lobed fruits are 4½", thick walled and blocky. Tolerant to most diseases.

NEW-'King of the North' 65-75 days. Early, good-sized (6x4") peppers with heavy yields. Thrives in cooler summer weather so prevalent in Northern climates. Yields crisp, thick walled green ripening to red, right up until frost.

-'Pimento Elite' 72-75 days. This heart-shaped sweet pepper produces a 1.2x1.2" fruit which matures from green to red and tapers to a blunt end.

-'Sweet Savanah' 53-60 days. Banana type. Very early, sweet, high yielding 18-24"H. plant produces large, pointed yellow waxy fruits reaching 6-7"L x 1½"W which turn brilliant red when mature.

-'Sweet Sunrise' 65 days green, 85 days yellow, ripe. Medium-large 3 and 4 lobed fruits are blocky to slightly elongated.The flavor is both fruity and sweet. Sturdy, medium sized plant with good leaf cover.

-'X3R Red Knight' Bell type. 57 days green, 77 red. Blocky 4½" square fruits w/thick walls. Sugary sweet when ripe. Exceptionally cold & disease resistant.

-**Hot Varieties** The higher the Scoville rating the hotter the pepper! The Scoville Index rates the hotness of peppers by the amount of capsaicin they contain.

-**'Cayenne Long Thin'** 72 days Long, slender, red fruits reaching 6". Thin, wrinkly flesh used for pickling or processing into flakes. 3500-5000 Scov.

-**'Early Jalapeno'** 60 days green, 80 days red, ripe. 2½" sausage shaped fruits. 2500-8000 Scovilles.

-**'Flaming Flare'** 67 days green, 77 days red/ripe. Conical, 4" long thin walled Fresno type fruits. Sweet, mildly hot flavor is excellent for fresh use, in stir fries or sauces. 500-1000 Scovilles.

NEW-**'Megatron'** (Jalapeno) Extra-large, 4 ½ inch peppers have thick, firm walls. Strong, healthy, compact plants will produce a bumper crop. Considered medium-hot, rating between 2,500 and 8,000 Scovilles.

NEW-**'Sargento'** The 2 and 3-lobed, 5–6" long x 3" wide fruits are smooth, shiny, and very dark green. Plants are tall, vigorous, and have an excellent yield. 350–1,750 Scovilles.

POTATOS By the Pound

Ensure that your spuds are pesticide free by growing them yourself! Start with fertile, well-drained soil; composted manure is a good addition. 1 lb. of seed potatoes will plant a 5-8' row. A pre-conditioning treatment called green sprouting is highly recommended for our area, it cuts 10-14 days off the growing cycle, increases the yield, and helps prevent disease. For this, place potatoes in darkness for 7-10 days 70-75°F until sprouts are seen, then expose them to light and decrease temp. to 50°F. Prep for planting by leaving small spuds whole and by cutting large ones into 2 oz. pieces with at least two eyes (sprouts). Planting the same day as cutting will reduce the incidence of seed piece decay. When the soil reaches 55-60°F, plant in trenches 4-6" deep leaving 12" in between. When plants reach 6-8"H, gently hill the soil around the base, repeat again at 12-15"H; applying mulch afterwards. It is very important to keep soil moisture consistent until harvest, avoid overhead watering in the afternoon to keep blight at bay. To help gaurd against the Colorado Potato Beetle plant pieces in healthy soil, rotate crops every 3-5 years, and handpick the adults and larvae dropping them into soapy water and squishing any orange eggs found on the undersides of leaves; row covers also aid in this pursuit. If insecticides

are needed use a Spinosad or Pyrethrum based option. Baby or "new" potatoes can be harvested around 30 days after flowering (for those who simply can't resist) otherwise when the plant has died leave tubers in the soil 2-3 more weeks to set the skins. Dry briefly on a cool day out of the sun, then brush off any excess soil.

- **'Carabou Russet'** 110 days. Heirloom. Elongated oval tubers have smooth brown skin with white flesh that turns fluffy when baked making the perfect vehicle for any number of toppings.
- **'Kennebec'** Midseason. Heirloom. Classic Maine all-purpose potato, tough and adaptable growing in a wide range of conditions. Stores extremely well. Abundant yields of uniform, sweet, white fleshed tubers with buff colored skin.
- **'Norland'** Early. Heirloom. Tender, red skinned tubers w/white flesh. Lovely when roasted. So delicious keeping them in storage will not be a concern.
- **'Red Pontiac'** Late. Heirloom. Large, rounded tubers with red skin and white flesh. This multipurpose potato stores well. Drought tolerant in the field but susceptible to most common potato diseases.
- **'Yukon Gold'** Early Midseason. Heirloom. Tasty, yellow, thin-skinned tubers have a dry texture. Excellent buttery flavor and drought tolerance. Stores well.

PUMPKIN

4 Packs (Minimum of 8 plants/pack)

A Halloween necessity. Give them plenty of space and keep well-watered. They prefer fertile soil - add composted cow manure. To prevent powdery mildew apply a spray with the active ingredient Copper octanoate (approved for organic gardening) regularly.

- **'Howden'** 115 days. Standard large Halloween pumpkin. Deep orange, defined ribs, good handles. Average 18-26 pounds.
- **'Racer Plus'** 85 days. Ribbed, dark orange, mid-sized pumpkins with high quality dark green handles. Yields 2-3, 12-16 pound fruits per plant. Short vines may be spaced 2-2½' apart.

SPINACH

6 Packs

One of the "super foods", packed with antioxidants and minerals. Grows best in cool, mild climates. Plant in a moist, fertile soil with a pH of at least 6.0 (6.5-7.5 is best) as Spinach is sensitive to acidity levels. Full sun to pt. shade, water at soil level to avoid splashing on leaves. Harvest greens at full or baby size, rinse multiple times before eating.

NEW-**'Bloomsdale Longstanding'** 40-50 days. Heirloom, cold-hardy spinach known for its thick, heavily savoyed (crinkled) dark-green leaves and superior bolt resistance. Semi-upright plants that grow 10-12" high.

-**'Equinox'** 29 days. A fast-growing, slow-bolting, highly uniform selection. Upright plants with fully savoyed leaves on long stems. Excels in spring and fall and can be harvested at baby leaf or full size.

-**'Sunangel'** 27 days. A good balance of speed, dark color, savoy, and bolt tolerance for ample harvests through the whole year. Very productive in the winter tunnel. Uniform and upright, with a more cupped leaf than traditional savoy varieties.

SQUASH

4 Packs (Minimum of 8 plants/pack)

Christopher Columbus brought squash back to England from the New World. Modern day squash has been consumed for over 10,000 years. To prevent powdery mildew apply a spray with the active ingredient Copper octanoate (approved for organic gardening) regularly. Space generously- with 6' in between rows.

-**Summer Squash** Eaten as soon as picked, either raw or cooked. If using plants for both fruits AND edible blossoms, harvest the male flowers (those with thin stems and lacking an immature fruit at base) leaving a few to pollinate the females; harvest mid-morning and when fully open.

- -**'Aristocrat'** syn. Commander. 53 days. Zucchini-type. Smooth, dark green, 7-8" cylindrical fruit. Compact, bushy plants.
- -**'Costata Romanesco'** 52 days. Heirloom. Prominently ribbed, Italian zucchini with gray-green skin. Delicious and nutty with good texture
- -'**Prolific Straitneck'** A very productive and popular heirloom variety of summer squash known for its lemon-yellow, club-shaped fruits. These compact bush-type plants produce heavy yields, making it a great choice for small spaces. The squash are best when picked at 6-8".

-**'Slick Pik'** 48 days. Extra early. Very attractive yellow fruits have a good taste, and are blemish-free thanks to the spineless leaf petioles; also making it easier to harvest.

-**Winter Squash** Thick skinned fruits of all shapes, sizes, and colors. Usually prepared by baking they are delicious either savory or sweet. Try with maple syrup & butter. Stores well.

-**Buttercup'** 90 days. Thin, dark green skin with narrow grey stripes and orange flesh. Smooth flavored, 3-4 lb fruits.

-**'Waltham Butternut'** 105 days. AAS Winner. The standard most-widely grown butternut variety. Large fruits with a small seed cavity average 9" long and 4-5 lbs. each. Sweet flavor is enhanced after being allowed to "age" in storage for 2 months. Yields 4-5 fruits per plant.

STRAWBERRY

See "Fruits & Nuts" section of the nursery catalog.

SWISS CHARD

6 Packs

Swiss Chard is an excellent source of Vitamins A, C, and K. Rich in Calcium and Iron also. Will tolerate partial shade. Harvest the young leaves when tender, cutting only the outer leaves at the base of the plant. Be careful not to disturb the root system. Space 6" apart.

-**'Bright Lights'** 28 days baby, 55 days mature. AAS winner. Multi-colored stems of gold, pink, orange, purple, red, and white. Eat raw or lightly cooked. Milder taste than many chards.

-**'Lucullus'** 35 days baby, 52 days mature. Wide, white stalks that are delicious when treated like asparagus. This plant has incredible versatility- leaves, stalks, and even the flowers can be tasty when added to your meals. Plants may re-emerge after a mild winter to produce an early spring harvest. 20"H

-**'Rhubarb'** 35 days baby, 60 days mature. Glossy, dark green leaves are heavily crinkled with bronze/red veins and crimson stalks. 12-16"H

TOMATILLO/GROUND CHERRY

4 Packs

Physalis sp. Fruits are borne and develop inside a papery husk. These members of the tomato family need to go in the ground when all danger of frost has passed and the soil is thoroughly warm. Plants need good drainage, no clayey soils! Plant deeply, leaving at least 3 sets of leaves above the soil line; spaced 3′ apart in rows with 3-4′ in between. Mulch lightly, spray with fish emulsion when they set flowers & again 2 weeks later. Keep plants strong by avoiding drought stress-give 2″ of water/week. More cold tolerant than tomatoes and will bear fruits until a heavy frost.

-′**Gigante′** 100 days. Earlier, bigger, tastier than most other varieties, contains 50% more sugar. Just right for chili, salsa, soups and your favrorite Latin American dishes. 4″ across. **3″ Pots Also**

TOMATO 4 Packs (Unless Noted)

Lycopersicon esculentum. A staple of vegetable gardens. Tomatoes are low in calories and good sources of Vitamin C and lycopene, a beneficial caratinoid. Give your plants sweet soil for sweeter fruits, tomatoes like alkaline (limey) soils.

Determinate - Plants stop growing at a certain height, usually 2′. The crop will ripen over a short period of time, good if you′re processing for storage. Good for containers and small gardens.

Indeterminate - Plants continue to grow until frost or the vines are top-pruned. The crop will ripen over a long period. Stakes or supports are needed as most will get tall!

Disease Resistance Codes:

A - Alternaria Stem Canker
B - Early Blight
Bs - Bacterial Speck
F - Fusarium Wilt
Ff - Fusarium Races 1&2
L - Late Blight
N - Nematodes
T - Tobacco Mosaic Virus
SWv - Spotted Wilt Virus
St - Stemphylium Gray Leaf Spot
V - Verticillium Wilt
YLc - Yellow Leaf Curl Virus

-**Cherry And Grape Varieties** - Good for snacking or in salads.

-**'Cupid Hybrid'** 65 days. Indeterminate. ABsFSt. Meaty 1", grape type fruits. Very sweet and crack-resistant. Vigorous plants yield long trusses right up til frost. High disease resistance & holding ability. **3" Pots**

-**'Fantastico'** 50 days. Determinate. Long clusters of bright red, super-sweet, ½ oz fruits. **3" Pots**

-**'Jasper'** 60 days. Indeterminate. BFfL. This AAS winner has small deep red, cherry fruits that resist cracking and have a pleasantly chewy texture with a sweet flavor. Extra vigorous and tall.

-**'Juliet'** 60 days. Indeterminate. This AAS winning tomato is sweet and has deep red, shiny fruits that are 1½ to 2 ounces in size. With 12-18 fruits per cluster! Crack resistant. Very productive.

-**'Sungold'** 57 days. Indeterminate. FfV. Deep sweetness with a hint of acid tartness. Small, cherry type fruits in prolific clusters ripen early to a rich apricot color and produce until frost. EXCELLENT! **4½" Pots Also**

-**'Supersweet 100'** 65 days. Indeterminate. FTV. Clusters of very sweet, early season cherry-type fruits. **4½" Pots Also**

-**'Tidy Treats'** 50-55 days. Determinate. VF. Compact habit with the continuous production of an indeterminate type, this cherry tomato gives you loads of ¾-1" sized delicious fruits. **4½" Pots Also**

-**'Tumbling Tom Yellow'** 70 days. Indeterminate. Cascades to 20". Ideal for hanging baskets. Sturdy plants. Juicy, 1-2" yellow fruits. **Hanging Baskets**

-**Paste Varieties** - Good for sauces, typically maturing in a short window to make processing more convenient.

-**'Italian Roma'** 90 days. Determinate. 4-6 oz heirloom vaiety. Meaty, very few seeds, wonderful flavor.

-**'Roma'** 75 days. Determinate. VF Bright red, 2 oz. Italian pear-shaped fruits with meaty interiors make great sauces and ketchup.

-**'SuperSauce'** 70 days. Indeterminate. Jumbo 5" by 5" SEEDLESS fruits weigh about 2 lbs. each-nearly enough for a jar of sauce per fruit! Exquisite flavor. Virtually disease-free plants! **3" Pots Also**

-**Large Varieties** - Good for slicing, salads, and canning

-**'Better Boy Plus'** 75 days. Indeterminate.VFNTASt. Bright red, unbelievably juice fruit weigh 16 oz. plus. Unbeatable sweet flavor, highly disease resistant. **3" Pots**

-**'Big Beef Plus'** 75 days. Indeterminate. VFfASt ToTV SWv. An added crimson gene, this beauty is visibly deeper red inside and out. Sweet 9 to 16 oz fruits. High yield potential. **4½" Pots Also**

-**'Brandy Boy'** 75 days. Indeterminate. This variety has been created by starting with the classic Brandywine and adding a yield that is 4-5 times greater, up to 10 days earlier, with a tidier habit. Large, pink fruits up to 5½" are tangy and sweet.

-**'Caspian'** 80 days. Indet. Fruits are large, less rounded than most, red-pink in color w/excellent texture, sweet taste & great flavor. First variety to beat Brandywine in the CA trials for flavor! Avg. 10 oz. **4½" Also**

-**'Champion III Hybrid'** 65 days. Indeterminate. VFFNTA YLCV. Delivers high yields of meaty, tasty and sweet , 6-8 oz bright red fruits. High disease resistance. **3" Pots**

-**'Cherokee Purple'** 80-90 days. Indeterminate. A reliable producer of unusual, medium pink-purple fruits that appear brown in color. 10-12 oz. fruits are round to oblate with no cracking. **4½" Pots Also**

-**'Goliath Bush'** 68 days. Deter. VFN. This is the tomato for those limited on space! Pretty, compact plants grow 3½' tall requiring little staking. Meaty, flavorful 3-4" fruits with a high sugar content. Fruits consistently until frost. **4½" Pots Also**

NEW-**'Goliath Cluster'** 65 days. Indeterminant. VFFT. Hybrid. Bright red, flavorful, 4 to 5 oz. fruits for select picking or cluster harvest, holding their fine form and flavor for up to 2 weeks. **4½" Pots Also**

-**'Early Girl'** 57 days. Indeterminant. VF. Meaty, red, 4-6 oz fruits are slightly flattened and bright crimson throughout. Firm texture and blemish resistant skin. Heavy yields on hardy vines. **4½" Pots Also**

NEW-**'Super Tom!'** 75-80 days. Indeterminant. Smooth, meaty fleshed 16-24 oz beefsteak variety. Versatile for almost any use. Hybrid. **4½" Pots**

CRESS (WATERCRESS) 6 Packs

Nasturtium officinale. This perennial green is a must for the garden, rich in vitamins with a delicious taste; hardy to zone 4. Its distinctive peppery kick blends well with astringent fruits like oranges and grapefruit. **Eat your greens**- researchers have found a compound in this plant that inhibits certain cancers! Grows best in full sun and very moist soil with a pH of 7.0. Especially easy when containerized. After the first month when the plant has good growth the whole pot may be submerged in water up to the lip, then change the water periodically. 50 days.